

Adaptive Sports Center

2nd annual

Where possibilities are endless!

Ladies with Abilities

**March 24th -
March 26th**

2007

Paving the way
for women with
disabilities!

Join the Adaptive Sports Center of Crested Butte for our second annual Ladies with Abilities Winter Adventure and Ski Camp. We will start our days with yoga then head to the slopes for a fun filled day of skiing in the company of other women. Our nights will be filled with wellness seminars and socializing. All abilities are welcome. Call the ASC now with any questions and to reserve your spot!

- Women teaching Women
- Overcome fears
- Women's Specific Camp
- Learn to ski or improve your skiing ability
- Gain confidence
- Change your life for the better!

"It was the best adventure of my life.. reacquainting with people, meeting new people involved in the workshop, doing wheelchair yoga, learning more about nutrition, and just relaxing. What a great get away vacation!" 06 LWA participant



Adaptive Sports Center

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Come celebrate 20 years with
the ASC!
1987-2007

